



St Bartholomew's CE Multi Academy Trust
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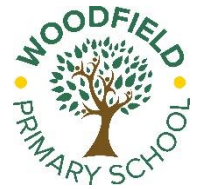
Woodfield Primary School

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CEO: Katy Kent



Tuesday 13th July 2021

Dear Parents/Carers,

This year, Project GIVE will be attending school to speak to Year 4 pupils about periods on 16th July 2021. Project GIVE is an initiative launched by the education community interest company Inspiring Healthy Choices to reduce the stigma surrounding periods and prepare young people for puberty. They deliver this information in age appropriate educational workshops delivered by the founder of the company, Kelly Walker-Reed, who is also a practicing nurse. During the session, students will gain information about the entire menstrual cycle and prepare them for when periods start; they will encourage students to speak more freely about their own body and help them to understand that periods are not embarrassing and that they are normal and worth talking about. Project GIVE are an inclusive company and do not segregate pupils by gender. They see it equally important that boys learn about menstrual cycles too to go some way to reduce stigma. All females attending the session will be gifted a hand-made cloth pouch with 2 sanitary pads in for when they need them, either now or in the future.

We hope that you can continue this message at home with your children by asking them what they have learned; this will show them again that it is a normal conversation.

In September 2020, the Department for Education announced changes to the RSE curriculum (Relationships and Sex Education and Health Education). The puberty topic is now part of the compulsory health curriculum; therefore, parents do not have the right to withdraw their child from these lessons. If you have any questions regarding this aspect of our curriculum, please do not hesitate to contact your child's teacher.

Yours sincerely,

Year 4 Team

To find out more about Project GIVE you can find them on
Facebook @ProjectGIVEwolverhampton
Twitter @projectgivewv
Instagram project.give