



St Bartholomew's CE Multi Academy Trust
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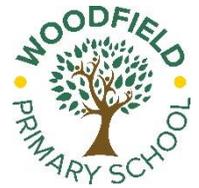
Woodfield Primary School

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Tuesday 29th June

Dear parent/ carer,

REPRODUCTION AND PUBERTY - Year 6

Every year, as part of their PSHE lessons, Year 6 children are taught about puberty, reproduction and conception.

For the past few years we have watched a BBC DVD which has proved very suitable which we will be using again this year. The DVD and subsequent discussion encourages children to have a responsible attitude to reproduction and how the body changes during puberty.

The children will be watching this programme in single sex groups during the week beginning the 12th July, and afterwards the boys have a chance to discuss the subject with male members of staff and the girls with female members of staff.

If you would like to see the programme before the children do, please contact the school before 5th July and we will arrange a viewing time or times.

In addition to this, Project GIVE will be attending school to speak to years 4, 5 and 6 about periods. Project GIVE is an initiative launched by education community interest company Inspiring Healthy Choices to reduce the stigma surrounding periods and prepare young people for puberty. They deliver this information in age appropriate educational workshops delivered by a member of the company. During the session, students will gain information about the entire menstrual cycle and prepare them for when periods start. They will encourage students to speak more freely about their own body and help them to understand that periods are not embarrassing, normal and worth talking about. Project GIVE are an inclusive company and do not segregate pupils by gender. They see it as equally important that boys learn about menstrual cycles too to go some way to reduce stigma. All females attending the session will be gifted a hand-made cloth pouch with 2 sanitary pads in for when they need them, either now or in the future. They hope that you can continue this message at home with your children by asking them what they learned as this will show them again that it is a normal conversation.

We are obliged to let you know that you are entitled to withdraw your child from this DVD, subsequent discussion and period talk, but hope very much that no-one will do so. If you would like your child to not participate in this lesson, please speak to your child's class teacher and let them know.

Yours sincerely

Year 6 Team