

Tennis Knowledge Organiser

Year: 3				
Term: Summer 2				
Background information for teachers and pupils				
As in all units, pupils develop physical, social, emotional and thinking whole child objectives.				
In this unit pupils develop the key skills required for tennis such as the ready position, racket control and forehand and backhand ground strokes. Pupils learn how to score points and how to use skills, strategies and tactics to outwit the opposition. Pupils are given opportunities to play games independently and are taught the importance of being honest whilst playing to the rules.				
National Curriculum Aims				
Pupils should:				
<ul style="list-style-type: none"> • Enjoy communicating, collaborating and competing with each other. • Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. • Be taught to use running, jumping, throwing and catching in isolation and in combination. • Be taught to play competitive games, modified where appropriate (for example badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending. 				
Key Knowledge				
Progression of skills				
	Hitting/ shots	Feeding/ Serving	Rallying	Footwork
Year 6	Shots Demonstrate increased success and technique in selecting and applying the appropriate shot for the situation.	Serving Serve accurately and consistently. Beginning to apply tactics to their serve.	Successfully apply a variety of shots to keep a continuous rally.	Demonstrate a variety of footwork patterns relevant to the game they are playing.
Year 5	Shots Develop the range of shots used in the games they play.	Serving Develop their range of serving techniques appropriate to the game they are playing.	Use a variety of shots to keep a continuous rally.	Demonstrate effective footwork patterns to move around the court.
Year 4	Shots Demonstrate increased technique when using shots both cooperatively and competitively.	Serving Develop technique in serving underarm with increased consistency.	Develop rallying using both forehand and backhand with increased technique.	Begin to use appropriate footwork patterns to move around the court.
Year 3	Shots Explore returning a ball using focus shots such as the forehand and backhand.	Serving Explore serving from an underarm service.	Explore rallying with a forehand.	Consistently use and return to the ready position between shots.
Year 2	Develop hitting a dropped ball over a net.	Accurately underarm throw over a net to a partner.	Explore underarm rallying with a partner catching after one bounce.	Consistently use the ready position to move towards a ball.
Year 1	Explore hitting a dropped ball with a racket.	Throw a ball over a net to land into the court area.	Explore underarm rallying with a partner.	Use the ready position to move towards a ball.
EYFS	Explore hitting a ball with their hands.	Feeding and Rallying Explore sending a ball to a partner.	Footwork Explore changing direction, running and stopping.	

Whole child Skills			
Physical	Social	Emotional	Thinking
<ul style="list-style-type: none"> • Throwing • Catching • Forehand • Backhand • Ready position 	<ul style="list-style-type: none"> • Collaboration • Respect • Supporting others 	<ul style="list-style-type: none"> • Honesty • Perseverance • 	<ul style="list-style-type: none"> • Decision making • Understanding rules • Selecting and applying tactics
<u>Links to other National Curriculum subjects</u>			
<u>English</u>			
<ul style="list-style-type: none"> • Learning of key vocabulary –Opponent, consecutive, forehand, backhand, outwit • Understand and follow instructions • Understand rules and apply them to game situations • Communicating tactics and discussing what made them successful 			
<u>Maths</u>			
<ul style="list-style-type: none"> • • Adding numbers in 'Rally 2,4,6,8' 			
Key Vocabulary			
Prior vocabulary – receive, quickly, trap, defend, return, collect, against			
New vocabulary – serve, accurately, track, racket, control, rally, opponent			
Teacher Glossary			
Forehand	A stroke where the player hits the ball with their palm facing forward.		
Backhand	A stroke where the player hits the ball with a swing that comes across their body.		
Ace	A serve that is a winner without the receiving player able to return the ball.		
Baseline	The line indicating the back of the court.		
Face	The top part of the racket that has the strings and is meant to hit the ball.		
<u>How to win a point</u>			
A player wins a point when:			
<ul style="list-style-type: none"> • Opponent hits the ball in the net. • Opponent hits the ball out of the court area. • Opponent misses the ball. • Ball bounces twice. • Opponent does a double fault (meaning if they serve the ball and it hits the net, doesn't land on their opponent's side, they can have another go. If they miss again it is a doublefault.) 			
<u>Health and safety</u>			
Ensure the teaching space is clear before beginning and that children are suitably dressed to participate. Any unused equipment must be stored in a safe place Remind children to:			
<ul style="list-style-type: none"> • Remove any jewellery before the lesson. • Tie long hair back. • Wear suitable clothing for PE to school. 			

**GetSet4PE Gymnastics Scheme Overview
Year 3**

	Learning	Whole Child Objectives	Equipment
1	<p>LO: To develop racket and ball control. Success criteria: •Use a strong wrist to hold the racket. •Use the centre of the racket face to hit the ball.</p>	<p>Social: To work co-operatively with others. Emotional: To persevere when learning a new skill. Thinking: To understand that there are specific parts of the racket that help me to control the ball.</p>	<p>Hoops x 15 Tennis balls x 30 Tennis rackets x 30</p> <p>Download individual racket skills video.</p> <p>Optional Skinned foam balls</p>
2	<p>LO: To develop returning the ball using a forehand groundstroke. Success criteria: •Finish with the racket over your opposite shoulder in two hands. •Make contact with the ball when the racket face is facing your partner. •Swing the racket from low to high.</p>	<p>Social: To work co-operatively with others to self-manage games. Emotional: To play honestly and within the rules. Thinking: To understand the technique for a forehand groundstroke.</p>	<p>Cones x 15 Tennis balls x 15 Tennis rackets x 30</p> <p>Download forehand video Optional tennis nets</p>
3	<p>LO: To be able to rally using a forehand. Success criteria: •Hit the ball near to your partner so that they can return it. •Move your feet to the ball and then return to the ready position. •Watch the ball as it is coming to you.</p>	<p>Social: To work collaboratively with a partner. Emotional: To persevere when learning a new skill. Thinking: To identify the power I need to use to hit the ball so that it lands within the boundaries.</p>	<p>Cones x 30 Tennis balls x 15 Tennis rackets x 30</p> <p>Download forehand video Optional Skinned foam balls</p>
4	<p>LO: To develop the two handed backhand. Success criteria: •Move your feet to the ball. •Use two hands to help you with your control.</p>	<p>Social: To work with others to self-manage games. Emotional: To play games honestly and abide by the rules. Thinking: To identify when to use a forehand and when to use a backhand.</p>	<p>Cones x 30 Tennis balls x 15 Tennis rackets x 30</p> <p>Download backhand video. Optional tennis nets</p>
5	<p>LO: To learn how to score. To develop playing against an opponent. Success criteria: •Think of where you could hit the ball to make it hard for your opponent to return.</p>	<p>Social: To be respectful of my opponent. Emotional: To play games honestly and abide by the rules. Thinking: To identify where to hit the ball to make it hard for my opponent to return.</p>	<p>Cones x 60 Tennis balls x 15 Tennis rackets x 30</p> <p>Optional tennis nets skinned foam balls</p>
6	<p>LO: To work collaboratively with a partner and compete against others. Success criteria: •Say and agree on the score after each point. •Show honesty and fair play.</p>	<p>Social: To be supportive and encourage others. Emotional: To play games honestly and fairly and abide by the rules. Thinking: To reflect on my performance and areas to improve.</p>	<p>Cones x 60 Tennis balls x 15 Tennis rackets x 30</p> <p>Optional tennis nets Skinned foam balls</p>

All lesson plans and equipment lists can be found here:

<https://www.getset4pe.co.uk/lesson/ks2/tennis?years=1002>