

# Tennis Knowledge Organiser

<b>Year: 4</b>				
<b>Term: Summer 2</b>				
<b>Background information for teachers and pupils</b>				
As in all units, pupils develop physical, social, emotional and thinking whole child objectives.				
In this unit pupils develop the key skills required for tennis such as the ready position, racket control and forehand and backhand ground strokes. Pupils learn how to score points and how to use skills, strategies and tactics to outwit the opposition. Pupils are given opportunities to play games independently and are taught the importance of being honest whilst playing to the rules.				
<b>National Curriculum Aims</b>				
Pupils should:				
<ul style="list-style-type: none"> <li>• Enjoy communicating, collaborating and competing with each other.</li> <li>• Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</li> <li>• Be taught to use running, jumping, throwing and catching in isolation and in combination.</li> <li>• Be taught to play competitive games, modified where appropriate (for example badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending.</li> </ul>				
<b>Key Knowledge</b>				
<b>Progression of skills</b>				
	<b>Hitting/ shots</b>	<b>Feeding/ Serving</b>	<b>Rallying</b>	<b>Footwork</b>
<b>Year 6</b>	<b>Shots</b> Demonstrate increased success and technique in selecting and applying the appropriate shot for the situation.	<b>Serving</b> Serve accurately and consistently. Beginning to apply tactics to their serve.	Successfully apply a variety of shots to keep a continuous rally.	Demonstrate a variety of footwork patterns relevant to the game they are playing.
<b>Year 5</b>	<b>Shots</b> Develop the range of shots used in the games they play.	<b>Serving</b> Develop their range of serving techniques appropriate to the game they are playing.	Use a variety of shots to keep a continuous rally.	Demonstrate effective footwork patterns to move around the court.
<b>Year 4</b>	<b>Shots</b> Demonstrate increased technique when using shots both cooperatively and competitively.	<b>Serving</b> Develop technique in serving underarm with increased consistency.	Develop rallying using both forehand and backhand with increased technique.	Begin to use appropriate footwork patterns to move around the court.
<b>Year 3</b>	<b>Shots</b> Explore returning a ball using focus shots such as the forehand and backhand.	<b>Serving</b> Explore serving from an underarm service.	Explore rallying with a forehand.	Consistently use and return to the ready position between shots.
<b>Year 2</b>	Develop hitting a dropped ball over a net.	Accurately underarm throw over a net to a partner.	Explore underarm rallying with a partner catching after one bounce.	Consistently use the ready position to move towards a ball.
<b>Year 1</b>	Explore hitting a dropped ball with a racket.	Throw a ball over a net to land into the court area.	Explore underarm rallying with a partner.	Use the ready position to move towards a ball.
<b>EYFS</b>	Explore hitting a ball with their hands.	<b>Feeding and Rallying</b> Explore sending a ball to a partner.	<b>Footwork</b> Explore changing direction, running and stopping.	

<b>Whole child Skills</b>			
Physical	Social	Emotional	Thinking
<ul style="list-style-type: none"> <li>• Underarm throwing</li> <li>• Catching</li> <li>• Forehand</li> <li>• Backhand</li> <li>• Ready position</li> </ul>	<ul style="list-style-type: none"> <li>• Collaboration</li> <li>• Respect</li> <li>• Supporting others</li> </ul>	<ul style="list-style-type: none"> <li>• Honesty</li> <li>• Perseverance</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Decision making</li> <li>• Understanding rules</li> <li>• Selecting and applying tactics</li> </ul>
<b><u>Links to other National Curriculum subjects</u></b>			
<b><u>English</u></b>			
<ul style="list-style-type: none"> <li>• Learning of key vocabulary –Opponent, consecutive, forehand, backhand, outwit</li> <li>• Understand and follow instructions</li> <li>• Understand rules and apply them to game situations</li> <li>• Communicating tactics and discussing what made them successful</li> </ul>			
<b><u>Maths</u></b>			
<ul style="list-style-type: none"> <li>• Adding numbers in ‘Rally for points’</li> </ul>			
<b>Key Vocabulary</b>			
<b>Prior vocabulary – serve, accurately, track, racket, control, rally, opponent</b>			
<b>New vocabulary – Outwit, receiver, court, backhand, forehand</b>			
<b>Teacher Glossary</b>			
<b>Forehand</b>	A stroke where the player hits the ball with their palm facing forward.		
<b>Backhand</b>	A stroke where the player hits the ball with a swing that comes across their body.		
<b>Ace</b>	A serve that is a winner without the receiving player able to return the ball.		
<b>Baseline</b>	The line indicating the back of the court.		
<b>Face</b>	The top part of the racket that has the strings and is meant to hit the ball.		
<b><u>How to win a point</u></b>			
A player wins a point when:			
<ul style="list-style-type: none"> <li>• Opponent hits the ball in the net.</li> <li>• Opponent hits the ball out of the court area.</li> <li>• Opponent misses the ball.</li> <li>• Ball bounces twice.</li> <li>• Opponent does a double fault (meaning if they serve the ball and it hits the net, doesn't land on their opponent's side, they can have another go. If they miss again it is a doublefault.)</li> </ul>			
<b><u>Health and safety</u></b>			
Ensure the teaching space is clear before beginning and that children are suitably dressed to participate. Any unused equipment must be stored in a safe place Remind children to:			
<ul style="list-style-type: none"> <li>• Remove any jewellery before the lesson.</li> <li>• Tie long hair back.</li> <li>• Wear suitable clothing for PE to school.</li> </ul>			

**GetSet4PE Gymnastics Scheme Overview  
Year 4**

	<b>Learning</b>	<b>Whole Child Objectives</b>	<b>Equipment</b>
<b>1</b>	<p>LO: To develop hitting the ball using a forehand.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> <li>•Hit the ball when the racket face is facing your partner.</li> <li>•The racket starts low with one hand and finishes high over your opposite shoulder with two hands.</li> </ul>	<p><b>Social:</b> To work cooperatively with others.</p> <p><b>Emotional:</b> To persevere when learning a new skill.</p> <p><b>Thinking:</b> To identify areas for improvement and provide feedback to others.</p>	<p>Cones x 30 Tennis balls x 30 Tennis rackets x 30</p> <p>Download forehand video.</p> <p>Optional tennis nets Skinned foam balls</p>
<b>2</b>	<p>LO: To develop returning the ball using a forehand.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> <li>•Make contact with the ball when your racket face is facing your target.</li> <li>•Turn sideways so that your dominant arm is closest to the net.</li> </ul>	<p><b>Social:</b> To work cooperatively with others to self-manage games.</p> <p><b>Emotional:</b> To persevere when learning a new skill.</p> <p><b>Thinking:</b> To identify what I do well and what I need to do to improve.</p>	<p>Cones x 90 Tennis balls x 30 Tennis rackets x 30</p> <p>Download forehand video Optional tennis nets Skinned foam balls</p>
<b>3</b>	<p>LO: To develop the backhand and understand when to use it.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> <li>•Hit the ball near to your partner so that they can return it.</li> <li>•Return to the centre of the baseline in your ready position so that you are prepared for the next shot.</li> </ul>	<p><b>Social:</b> To support and encourage a partner to achieve a collective goal.</p> <p><b>Emotional:</b> To persevere when learning a new skill.</p> <p><b>Thinking:</b> To identify when to use a backhand and when to use a forehand.</p>	<p>Cones x 30 Tennis balls x 30 Tennis rackets x 30</p> <p>Download backhand video Optional tennis nets Skinned foam balls</p>
<b>4</b>	<p>LO: To work co-operatively with a partner to keep a continuous rally going.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> <li>•Hit the ball away from your opponent to make it hard for them to return it.</li> <li>•Move your feet to the ball and then return to the ready position.</li> </ul>	<p><b>Social:</b> To work with others to self-manage games.</p> <p><b>Emotional:</b> To play honestly and abide by the rules.</p> <p><b>Thinking:</b> To understand where to hit the ball so that my partner can return it.</p>	<p>Cones x 90 Hoops x 15 Tennis balls x 45 Tennis rackets x 30</p> <p>Download underarm serve video. Optional tennis nets Skinned foam balls</p>
<b>5</b>	<p>LO: To use simple tactics in a game to outwit an opponent.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> <li>•Cover space on the court between you and your partner.</li> <li>•Hit the ball away from your opponent to make it hard for them to return it.</li> </ul>	<p><b>Social:</b> To be respectful and congratulate others.</p> <p><b>Emotional:</b> To be honest and play by the rules.</p> <p><b>Thinking:</b> To select and apply tactics to try to outwit my opponents.</p>	<p>Cones x 60 Tennis balls x 15 Tennis rackets x 30</p> <p>Optional tennis nets</p>
<b>6</b>	<p>To demonstrate honesty and fair play when competing against others.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> <li>•Agree the score after each point.</li> <li>•Shake hands with your opponent at the end of each game.</li> </ul>	<p><b>Social:</b> To be supportive and encourage others.</p> <p><b>Emotional:</b> To show determination and perseverance in the games I play.</p> <p><b>Thinking:</b> To reflect on my performance and areas to improve.</p>	<p>Cones x 60 Tennis balls x 15 Tennis rackets x 30</p> <p>Optional tennis nets Skinned foam balls</p>

All lesson plans and equipment lists can be found here:

<https://www.getset4pe.co.uk/lesson/ks2/tennis?years=1003>