

<b>Year: 1</b>				
<b>Term: Summer 1</b>				
<b>Background information for teachers and pupils</b>				
<p>As in all units, pupils develop physical, social, emotional and thinking whole child objectives. Pupils develop their basic understanding of striking and fielding games such as Rounders and Cricket. They learn skills including throwing and catching, stopping a rolling ball, retrieving a ball and striking a ball. They are given opportunities to play one against one, one against two, and one against three. They learn how to score points and how to use simple tactics. They learn the rules of the games and use these to play fairly. They show respect towards others when playing competitively and develop communication skills.</p>				
<b>Key Knowledge</b>				
Pupils should:				
<ul style="list-style-type: none"> <li>• Develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</li> <li>• Be able to engage in competitive (both against self and others) physical activities.</li> <li>• Be taught to master basic movements including running, jumping, throwing as well as developing balance agility and coordination.</li> </ul>				
<b>Key Knowledge</b>				
<b>Progression of skills</b>				
	<b>Striking</b>	<b>Fielding</b>	<b>Throwing</b>	<b>Catching</b>
<b>Year 6</b>	Strike a bowled ball with increasing accuracy and consistency.	Consistently select and apply the appropriate fielding action for the situation.	Consistently make good decisions on who and when to pass to in order to get batters out.	Consistently demonstrate good technique in catching skills under pressure.
<b>Year 5</b>	Explore defensive and driving hitting techniques and directional batting.	Develop over and underarm bowling technique. Select and apply long and short barriers appropriate to the situation.	Demonstrate clear technique when using a variety of throws under pressure.	Explore catching skills (close/deep and wicket keeping) and apply these with some consistency in game situations.
<b>Year 4</b>	Develop batting technique consistent with the rules of the game.	Develop bowling with some consistency, abiding by the rules of the game.	Use overarm and underarm throwing with increased consistency in game situations.	Beginning to catch with one and two hands with some consistency in game situations.
<b>Year 3</b>	Begin to strike a bowled ball using different equipment.	Explore bowling and fielding skills to include a two-handed pick up and long and short barriers.	Use overarm and underarm throwing in game situations.	Catch with some consistency in game situations.
<b>Year 2</b>	Develop striking a ball with their hand and equipment with some consistency.	Understand that there are different roles within a fielding team.	Develop coordination and technique when throwing over and underarm.	Catch with two hands with some coordination and technique.
<b>Year 1</b>	Explore striking a ball with their hand and equipment.	Develop tracking and retrieving a ball from their team.	Explore technique when throwing over and underarm.	Develop coordination and technique when catching.
<b>EYFS</b>	Explore sending a ball to a partner.	Explore tracking and stopping a rolling ball.	<b>Throwing and Catching</b> Explore rolling, throwing and catching using a variety of equipment.	

### Whole child Skills

Physical	Social	Emotional	Thinking
<ul style="list-style-type: none"> <li>Throwing</li> <li>Catching</li> <li>Retrieving a ball</li> <li>Tracking a ball</li> <li>Striking a ball</li> </ul>	<ul style="list-style-type: none"> <li>Communication</li> <li>Supporting and encouraging others</li> <li>Consideration of others</li> </ul>	<ul style="list-style-type: none"> <li>Perseverance</li> <li>Honesty and fair play</li> </ul>	<ul style="list-style-type: none"> <li>Using tactics</li> <li>Selecting and applying skills</li> <li>Decision making</li> </ul>

### Links to other National Curriculum subjects

#### English

- Learning vocabulary – striking, fielding, target, opponent, batter, bowler
- Listening to and following instructions
- Expressing and communicating ideas

#### Maths

- Counting
- Keeping the score
- Adding points together
- Estimating distances

#### Science

- Understanding changes to the body during exercise

### Key Vocabulary

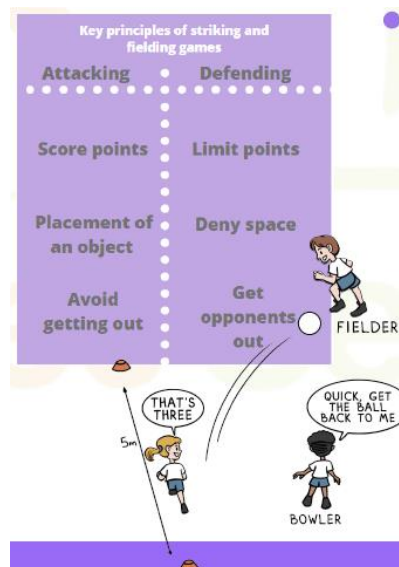
**New vocabulary** - Hit, throw, points, target, score, catch

### Teacher Glossary

<b>Fielder</b>	A player on the fielding team, especially one other than the bowler or backstop/ wicket keeper.
<b>Batter</b>	A player on the batting team.
<b>Runs</b>	The unit of scoring.
<b>Bowler</b>	The player who starts the game by bowling to the batter.
<b>Track</b>	When fielding, to track is when a player moves their body to get in line with a ball that is coming towards them.

### Examples of Striking and Fielding Games

Cricket  
Baseball  
Softball  
Rounders



### Health and safety

Teach the pupils how to behave and move in a safe way both with and without equipment. Ensure that all equipment is stored safely when not in use. In particular, unused balls must be stored in a safe place. This could be back in bags or on trolleys, using a bench turned on the side or cones to stop them rolling. Ensure there is enough space between games and that batters hit away from other children. Remind children to:

- Remove any jewellery before the lesson.
- Tie long hair back.
- Wear suitable clothing for PE to school.

**GetSet4PE Gymnastics Scheme Overview**  
**Year 1**

	<b>Learning</b>	<b>Whole Child Objectives</b>	<b>Equipment</b>
<b>1</b>	<p>LO: To develop underarm throwing and catching and put this into small sided games. Success criteria:</p> <ul style="list-style-type: none"> <li>Point your hand where you want the ball to go.</li> <li>Step forward with your opposite foot to your throwing arm.</li> <li>Use two hands to collect the ball.</li> <li>Watch the ball when it is coming towards you.</li> </ul>	<p><b>Social:</b> To interact with other pupils in the class. <b>Emotional:</b> To manage my emotions. <b>Thinking:</b> To listen to the instructions and understand what to do.</p>	<p>Cones x 30 Beanbags x 10 Tennis balls x 10</p> <p>Download underarm throw video</p>
<b>2</b>	<p>LO: To develop overarm throwing. Success criteria:</p> <ul style="list-style-type: none"> <li>Point your hand where you want the ball to go.</li> <li>Step forwards with your opposite foot to throwing hand.</li> </ul>	<p><b>Social:</b> To communicate with the other fielders in my team to effectively field the beanbag. <b>Emotional:</b> To play games honestly and abide by the rules. <b>Thinking:</b> To try to tactically place the beanbag away from others to score more points.</p>	<p>Beanbags x 30 Cones x 30</p> <p>Download overarm throw video</p>
<b>3</b>	<p>LO: To develop striking a ball with my hand and equipment. Success criteria:</p> <ul style="list-style-type: none"> <li>Strike the ball using the centre of the racket.</li> <li>Watch the ball as it is coming towards you.</li> </ul>	<p><b>Social:</b> To work with others in my group to organise our game. <b>Emotional:</b> To keep trying if I find striking the ball difficult. <b>Thinking:</b> To try to tactically hit the ball away from others to score more points.</p>	<p>Cones x 16 Playground balls x 30 Foam balls x 15 Tennis rackets x 15</p>
<b>4</b>	<p>LO: To retrieve a ball when fielding. Success criteria:</p> <ul style="list-style-type: none"> <li>Get in front of the ball.</li> <li>Use two hands to collect the ball.</li> </ul>	<p><b>Social:</b> To support and encourage others to keep trying. <b>Emotional:</b> To show honesty when playing against others. <b>Thinking:</b> To understand the role of the fielder.</p>	<p>Cones x 10 Tennis balls x 30 Tennis rackets x 10</p> <p>Download retrieve a ball video Optional: Playground balls</p>
<b>5</b>	<p>LO: To understand how to get a batter out. Success criteria:</p> <ul style="list-style-type: none"> <li>When batting, bat away from the fielders.</li> <li>When fielding, retrieve the ball and send it to the bowler.</li> </ul>	<p><b>Social:</b> To show kind and considerate behaviour towards others when playing competitively. <b>Emotional:</b> To try my best. <b>Thinking:</b> To understand the roles of a batter, bowler and fielder.</p>	<p>Cones x 15 Tennis balls x 15 Tennis rackets x 8</p>
<b>6</b>	<p>LO: To develop decision making and understand how to score points. Success criteria:</p> <ul style="list-style-type: none"> <li>Make decisions about when to run by looking at the ball and fielders.</li> <li>Run around the outside of the bases after you have hit the ball.</li> </ul>	<p><b>Social:</b> To show kind and considerate behaviour towards others when playing competitively. <b>Emotional:</b> To show honesty and fair play when batting. <b>Thinking:</b> To understand the rules of the game.</p>	<p>Beanbags x 8 Cones x 30 Hoops x 8 Playground balls x 8</p>

All lesson plans and equipment lists can be found here:

<https://www.getset4pe.co.uk/lesson/ks1/striking-and-fielding?years=1000>