

Tennis Knowledge Organiser

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| Year: 5 | | | | |
| Term: Summer 2 | | | | |
| Background information for teachers and pupils | | | | |
| As in all units, pupils develop physical, social, emotional and thinking whole child objectives. | | | | |
| In this unit pupils develop their competencies in racket skills when playing Tennis. They learn specific skills such as a forehand, backhand, volley and underarm serve. Pupils are given opportunities to work cooperatively with others and show honesty and fair play when abiding by the rules. Pupils develop their tactical awareness, learning how to outwit an opponent. | | | | |
| National Curriculum Aims | | | | |
| Pupils should: | | | | |
| <ul style="list-style-type: none"> • Enjoy communicating, collaborating and competing with each other. • Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. • Be taught to use running, jumping, throwing and catching in isolation and in combination. • Be taught to play competitive games, modified where appropriate (for example badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending. | | | | |
| Key Knowledge | | | | |
| Progression of skills | | | | |
| | Hitting/ shots | Feeding/ Serving | Rallying | Footwork |
| Year 6 | Shots Demonstrate increased success and technique in selecting and applying the appropriate shot for the situation. | Serving Serve accurately and consistently. Beginning to apply tactics to their serve. | Successfully apply a variety of shots to keep a continuous rally. | Demonstrate a variety of footwork patterns relevant to the game they are playing. |
| Year 5 | Shots Develop the range of shots used in the games they play. | Serving Develop their range of serving techniques appropriate to the game they are playing. | Use a variety of shots to keep a continuous rally. | Demonstrate effective footwork patterns to move around the court. |
| Year 4 | Shots Demonstrate increased technique when using shots both cooperatively and competitively. | Serving Develop technique in serving underarm with increased consistency. | Develop rallying using both forehand and backhand with increased technique. | Begin to use appropriate footwork patterns to move around the court. |
| Year 3 | Shots Explore returning a ball using focus shots such as the forehand and backhand. | Serving Explore serving from an underarm service. | Explore rallying with a forehand. | Consistently use and return to the ready position between shots. |
| Year 2 | Develop hitting a dropped ball over a net. | Accurately underarm throw over a net to a partner. | Explore underarm rallying with a partner catching after one bounce. | Consistently use the ready position to move towards a ball. |
| Year 1 | Explore hitting a dropped ball with a racket. | Throw a ball over a net to land into the court area. | Explore underarm rallying with a partner. | Use the ready position to move towards a ball. |
| EYFS | Explore hitting a ball with their hands. | Feeding and Rallying Explore sending a ball to a partner. | Footwork Explore changing direction, running and stopping. | |

| Whole child Skills | | | |
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| Physical | Social | Emotional | Thinking |
| <ul style="list-style-type: none"> • Forehand groundstroke • Backhand groundstroke • Forehand volley • Backhand volley • Underarm serve | <ul style="list-style-type: none"> • Collaboration • Communication • Respect | <ul style="list-style-type: none"> • Honesty | <ul style="list-style-type: none"> • Decision making • Selecting and applying tactics |
| <u>Links to other National Curriculum subjects</u> | | | |
| <u>English</u> | | | |
| <ul style="list-style-type: none"> • Learning of key vocabulary – Opponent, consecutive, forehand, backhand, technique, accuracy • Understand and follow instructions • Understand rules and apply them to game situations when playing and umpiring • Communicating tactics and discussing what made them and their team successful | | | |
| <u>Maths</u> | | | |
| <ul style="list-style-type: none"> • Creating areas sets distances apart | | | |
| Key Vocabulary | | | |
| Prior vocabulary – Outwit, receiver, court, backhand, forehand | | | |
| New vocabulary – tactics, volley, co-operatively, footwork, continuously, set, dig | | | |
| Teacher Glossary | | | |
| Forehand | A stroke where the player hits the ball with their palm facing forward. | | |
| Backhand | A stroke where the player hits the ball with a swing that comes across their body. | | |
| Volley | When a player hits the ball before it bounces on the floor. | | |
| Ace | A serve that is a winner without the receiving player able to return the ball. | | |
| Baseline | The line indicating the back of the court. | | |
| Service line | The line that the ball must bounce before when serving. | | |
| Face | The top part of the racket that has the strings and is meant to hit the ball. | | |
| <u>How to win a point</u> | | | |
| A player wins a point when: | | | |
| <ul style="list-style-type: none"> • Opponent hits the ball in the net. • Opponent hits the ball out of the court area. • Opponent misses the ball. • Ball bounces twice. • Opponent does a double fault (meaning if they serve the ball and it hits the net, doesn't land on their opponent's side, they can have another go. If they miss again it is a doublefault.) | | | |
| <u>Health and safety</u> | | | |
| Ensure the teaching space is clear before beginning and that children are suitably dressed to participate. Any unused equipment must be stored in a safe place Remind children to: | | | |
| <ul style="list-style-type: none"> • Remove any jewellery before the lesson. • Tie long hair back. | | | |
| Wear suitable clothing for PE to school. | | | |

GetSet4PE Gymnastics Scheme Overview
Year 5

| | Learning | Whole Child Objectives | Equipment |
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| 1 | <p>LO: To develop returning the ball using a forehand groundstroke.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Move from the ready position to a sideways on stance. •Move your feet to get in line with the ball as it comes towards you. | <p>Social: To encourage and support others.</p> <p>Emotional: To persevere when developing a skill.</p> <p>Thinking: To observe my partner's technique and provide them with feedback.</p> | <p>Cones x 60 Tennis balls x 30 Tennis rackets x 30</p> <p>Download forehand video.</p> <p>Optional tennis nets</p> |
| 2 | <p>LO: To develop returning the ball using a backhand groundstroke.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Make contact with the ball when your racket face is facing your partner and brush the racket over the top of the ball. •Turn your body so that the back of your hand is showing. •Use two hands to help you to control the ball. | <p>Social: To work co-operatively with others.</p> <p>Emotional: To persevere when learning a new skill.</p> <p>Thinking: To reflect on my own performance and identify areas for improvement.</p> | <p>Cones x 60 Tennis balls x 30 Tennis rackets x 30</p> <p>Download backhand video Optional tennis nets</p> |
| 3 | <p>LO: To work cooperatively with a partner to keep a continuous rally.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Hit the ball near to your partner so that they can return it. •Return to the centre of the baseline in your ready position so that you are prepared for the next shot. | <p>Social: To work co-operatively with others.</p> <p>Emotional: To play games honestly and abide by the rules.</p> <p>Thinking: To understand where to hit the ball to make it easier for my partner to return it.</p> | <p>Green Cones x 15 Red Cones x 15 Yellow Cones x 15 Mixed cones x 30 Tennis balls x 15 Tennis rackets x 30</p> <p>Optional tennis nets Skinned foam balls</p> |
| 4 | <p>LO: To develop the underarm serve and understand the rules of serving.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Only throw the ball to head height. •Use a straight arm to throw the ball. | <p>Social: To work collaboratively with a partner.</p> <p>Emotional: To persevere when learning a new skill.</p> <p>Thinking: To understand how hard I need to hit the ball in order for it to land in the service area.</p> | <p>Base stations x 30 Cones x 60 Tennis balls x 30 Tennis rackets x 30</p> <p>Download underarm serve video. Optional tennis nets Beanbags</p> |
| 5 | <p>LO: To develop the volley and understand when to use it.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Hit the ball in front of you with no swing. •Keep your racket up and in front of you to be ready. •Use a punchy action. | <p>Social: To communicate with my partner.</p> <p>Emotional: To play honestly and abide by the rules.</p> <p>Thinking: To understand when to use the volley.</p> | <p>Cones x 60 Tennis balls x 15 Tennis rackets x 30</p> <p>Download backhand and forehand volley videos Optional tennis nets</p> |
| 6 | <p>LO: To use a variety of strokes to outwit an opponent.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Hit the ball to spaces that will make it harder for your opponent to return it. •Use the shot appropriate for the situation. | <p>Social: To communicate my ideas with others in a calm way.</p> <p>Emotional: To be honest and play by the rules.</p> <p>Thinking: To select and apply tactics to try to outwit my opponents.</p> | <p>Cones x 60 Tennis balls x 15 Tennis rackets x 30</p> <p>Optional tennis nets</p> |

All lesson plans and equipment lists can be found here:

<https://www.getset4pe.co.uk/lesson/ks2/tennis?years=1004>