

Net and Wall Knowledge Organiser

Year: 1				
Term: Summer 2				
Background information for teachers and pupils				
As in all units, pupils develop physical, social, emotional and thinking whole child objectives.				
Pupils will be introduced to the basic skills required in Net and Wall games. Pupils will learn the importance of the ready position. They will develop throwing, catching and racket skills, learning to track and hit a ball. They will learn to play against an opponent and over a net. They will begin to use rules and simple tactics when playing against a partner. They will be encouraged to demonstrate good sportsmanship and show respect towards others.				
National Curriculum Aims				
Pupils should:				
<ul style="list-style-type: none"> • develop fundamental movement skills, become increasingly competent and confident and across a broad range of opportunities to extend their agility, balance and coordination, individually and with others. • be able to engage in competitive (both against self and others) physical activities. • be taught to master basic movements including running jumping, throwing, catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities. • be taught to participate in team games, developing simple tactics for attacking and defending. 				
Key Knowledge				
Progression of skills				
	Hitting/ shots	Feeding/ Serving	Rallying	Footwork
Year 6	<p style="text-align: center;"><u>Shots</u></p> <p>Demonstrate increased success and technique in selecting and applying the appropriate shot for the situation.</p>	<p style="text-align: center;"><u>Serving</u></p> <p>Serve accurately and consistently. Beginning to apply tactics to their serve.</p>	<p>Successfully apply a variety of shots to keep a continuous rally.</p>	<p>Demonstrate a variety of footwork patterns relevant to the game they are playing.</p>
Year 5	<p style="text-align: center;"><u>Shots</u></p> <p>Develop the range of shots used in the games they play.</p>	<p style="text-align: center;"><u>Serving</u></p> <p>Develop their range of serving techniques appropriate to the game they are playing.</p>	<p>Use a variety of shots to keep a continuous rally.</p>	<p>Demonstrate effective footwork patterns to move around the court.</p>
Year 4	<p style="text-align: center;"><u>Shots</u></p> <p>Demonstrate increased technique when using shots both cooperatively and competitively.</p>	<p style="text-align: center;"><u>Serving</u></p> <p>Develop technique in serving underarm with increased consistency.</p>	<p>Develop rallying using both forehand and backhand with increased technique.</p>	<p>Begin to use appropriate footwork patterns to move around the court.</p>
Year 3	<p style="text-align: center;"><u>Shots</u></p> <p>Explore returning a ball using focus shots such as the forehand and backhand.</p>	<p style="text-align: center;"><u>Serving</u></p> <p>Explore serving from an underarm service.</p>	<p>Explore rallying with a forehand.</p>	<p>Consistently use and return to the ready position between shots.</p>
Year 2	<p>Develop hitting a dropped ball over a net.</p>	<p>Accurately underarm throw over a net to a partner.</p>	<p>Explore underarm rallying with a partner catching after one bounce.</p>	<p>Consistently use the ready position to move towards a ball.</p>
Year 1	<p>Explore hitting a dropped ball with a racket.</p>	<p>Throw a ball over a net to land into the court area.</p>	<p>Explore underarm rallying with a partner.</p>	<p>Use the ready position to move towards a ball.</p>
EYFS	<p>Explore hitting a ball with their hands.</p>	<p style="text-align: center;"><u>Feeding and Rallying</u></p> <p>Explore sending a ball to a partner.</p>	<p style="text-align: center;"><u>Footwork</u></p> <p>Explore changing direction, running and stopping.</p>	

Whole child Skills			
Physical	Social	Emotional	Thinking
<ul style="list-style-type: none"> • Throwing • Catching • Tracking a ball • Hitting a ball 	<ul style="list-style-type: none"> • Respect • Communication 	<ul style="list-style-type: none"> • Honesty and fair play • Determination • Perseverance 	<ul style="list-style-type: none"> • Decision making • Using simple tactics • Recalling information • Comprehension
<u>Links to other National Curriculum subjects</u>			
<u>English</u>			
<ul style="list-style-type: none"> • Learning vocabulary – accurate, tactics, continuously, target, opponent • Listening to and following instructions • Expressing ideas 			
<u>Maths</u>			
<ul style="list-style-type: none"> • Counting • Keeping the score • Estimating distances 			
<u>Science</u>			
<ul style="list-style-type: none"> • Discussing how a release point affects where the ball will go • Understanding changes to the body during exercise 			
Key Vocabulary			
Ready position, partner, net, underarm, score, points			
Teacher Glossary			
Trap	To stop or trap the ball on the floor using a tennis racket.		
Ready position	Feet shoulder width apart, knees bent, used to be able to move to the ball quickly.		
<u>Examples of Net and Wall Games</u>			
<ul style="list-style-type: none"> • Tennis • Badminton • Volleyball 			
<u>Health and safety</u>			
Ensure the teaching space is clear before beginning and that children are suitably dressed to participate. Any unused equipment must be stored in a safe place Remind children to:			
<ul style="list-style-type: none"> • Remove any jewellery before the lesson. • Tie long hair back. • Wear suitable clothing for PE to school. 			

GetSet4PE Gymnastics Scheme Overview
Year 1

	Learning	Whole Child Objectives	Equipment
1	<p>LO: To develop space using the ready position.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Feet hip width apart and knees bent. •Return to the ready position after each roll or throw. 	<p>Social: To show good sportsmanship towards my partner when playing against them.</p> <p>Emotional: To self-manage my game.</p> <p>Thinking: To understand where to throw the ball to make it more challenging for my partner.</p>	<p>Cones x 60 Tennis balls x 15</p> <p>Optional Playground balls</p>
2	<p>LO: To play against an opponent and keep the score.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Say the score out loud every time someone scores a point. •Shake hands with your opponent at the end of each game. 	<p>Social: To show an awareness of others, moving sensibly to keep everyone safe.</p> <p>Emotional: To persevere in the games I play.</p> <p>Thinking: To understand how to make it difficult for my opponent to catch the ball.</p>	<p>Cones x 90 Hoops x 15 Tennis balls x 15</p> <p>Optional playground balls</p>
3	<p>LO: To develop control when handling a racket.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Hold the racket towards the bottom of the handle. •Keep the ball in the centre of the racket face. 	<p>Social: To support and encourage my teammates.</p> <p>Emotional: To persevere with challenges I find difficult.</p> <p>Thinking: To understand the changes that happen in my body when I begin to exercise.</p>	<p>Cones x 15 Skinned foam balls x 30 Rackets x 30</p> <p>Optional Beanbags</p>
4	<p>LO: To develop racket and ball skills.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Keep the ball in the centre of the racket face. •Use small movements to hit the ball. 	<p>Social: To be respectful of others when playing games.</p> <p>Emotional: To persevere when learning something new.</p> <p>Thinking: To reflect on my learning and choose the right skill for me.</p>	<p>Cones x 30 Playground balls x 15</p>
5	<p>LO: To develop returning a ball using a racket.</p> <p>To develop playing against an opponent.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Begin in the ready position and watch the ball as it comes towards you. •Make contact with the ball when your racket is facing your target. 	<p>Social: To encourage others to keep trying.</p> <p>Emotional: To show determination to get better at the challenges I am set.</p> <p>Thinking: To understand what helps me to control the ball.</p>	<p>Cones x 30 Skinned foam balls x 30 Rackets x 30 Download individual racket skills video Optional Bean bags</p>
6	<p>LO: To develop hitting over a net.</p> <p>Success criteria:</p> <ul style="list-style-type: none"> •Finish your racket face pointing at where you want the ball to go. •Look at where the other team are standing and throw or hit the ball away from them. 	<p>Social: To work co-operatively in a group, taking turns and keeping score.</p> <p>Emotional: To challenge myself to complete the task set.</p> <p>Thinking: To understand how to make it difficult for my opponent to catch the ball.</p>	<p>Cones x 30 Hoops x 30 Skinned foam balls x30 Tennis rackets x 30</p>

All lesson plans and equipment lists can be found here:

<https://www.getset4pe.co.uk/lesson/ks1/net-and-wall?years=1000>